



AVIVA HEALTH

150 Kenneth Ford Drive
Roseburg, OR 97470
(541) 672-9596
[aviva.health](https://www.aviva.health)

NEWS RELEASE

October 30, 2025
FOR IMMEDIATE RELEASE

CONTACT: Mark Tsuchiya
Cell: (623) 337-7128
mtsuchiya@aviva.health

Aviva Health Welcomes First Cohort of Advanced Practice Provider Residents to Support Rural Patient Care in Douglas County

ROSEBURG, Ore. – Two new physician associates are joining the care team at Myrtle Creek Family Medicine Clinic, helping expand access to primary care in South Douglas County as participants in Aviva Health’s new Rural Oregon Advanced Practice Provider (APP) Residency Program.

Crystal Espinoza, PA-S, and Vilca “Vika” Havili, PA-S will join Aviva Health Monday, November 3, after completing the University of Utah School of Medicine’s Physician Assistant Program in St. George, Utah. They will begin seeing patients at the Myrtle Creek clinic on December 1, and Aviva Health is currently accepting new patients to help build their schedules.

“Our goal is pretty straightforward: give new providers the support they need to hit the ground running in rural health care,” says KC Bolton, CEO of Aviva Health. “Crystal and Vika are eager to serve, and we’re glad they chose to start their careers here in Douglas County.”

The 13-month APP Residency Program provides newly graduated physician associates and family nurse practitioners with structured, hands-on training focused on conditions commonly seen in rural primary care. Residents receive mentorship from experienced clinicians and participate in specialty rotations including pediatrics, behavioral health, women’s health, and dermatology, along with dedicated time for classroom learning and clinical skills development.

The program also advances workforce development efforts that support Aviva Health’s mission to recruit, train and retain primary care providers in Douglas County, building on the success of the Roseburg Family Medicine Residency Program launched in 2020.

“We’re not just building strong clinicians,” Bolton adds. “We’re giving them a chance to put down roots and become part of the community, and that’s how you build lasting access to care.”

Patients interested in scheduling an appointment with Espinoza or Havili at Myrtle Creek Family Medicine Clinic can call (541) 860-4070.

More information about the APP Residency Program can be found at www.aviva.health/appresidency.

ABOUT AVIVA HEALTH

Founded in 1991, Aviva Health is an independent, board-governed, not-for-profit organization that cares for the people of Douglas County by providing high-quality, patient-centered, accessible and affordable medical, dental and behavioral health care, regardless of their ability to pay.

Aviva Health offers integrated services from nine clinic sites in Roseburg, Myrtle Creek, Sutherlin, Glide and North Douglas County (Drain), including a Teen Health Center located on the campus of Roseburg High School. In partnership with CHI Mercy Medical Center, Aviva Health also serves as the family medicine practice site for the Roseburg Family Medicine Residency Program. The organization continues to expand its workforce development efforts, most recently starting an Advanced Practice Provider Residency Program that launched in the spring of 2025.

Aviva Health's commitment to the community and its mission to provide quality, compassionate care has earned it a variety of local, statewide, regional, and national recognition and awards.