



# AVIVA HEALTH

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## NEWS RELEASE

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### Newest Cohort of Family Medicine Residents Joins Aviva Health

**ROSEBURG, Ore.** – Aviva Health welcomed its newest group of family medicine residents earlier this month, the sixth cohort of eight newly graduated doctors to begin their three-year clinical training journey in Douglas County.

Started in 2020, the family medicine residency program, a partnership between Aviva Health and CHI Mercy Health Mercy Medical Center, trains compassionate, skilled physicians in a community-focused setting, preparing them to meet the unique healthcare needs of rural and underserved populations.

The primary goal is to address a physician shortage that has long plagued rural regions of Oregon like Douglas County by recruiting graduating residents to put down roots in underserved areas, ultimately improving access to vital clinical care that historically has been difficult to receive.

"Over the past five years, we've been pretty successful at keeping our residency grads local," says KC Bolton, CEO of Aviva Health. "Just this year, four of them decided to stay in Oregon — two right here in Douglas County. One will practice at Mercy Medical Center, and the other will join us at Aviva Health."

A key focus during the residents' three-year training in Douglas County is fostering a strong connection to the community by highlighting the region as an ideal place to raise a family, enjoy outdoor recreation and take part in the area's distinctive festivals, events and attractions.

Earlier this week, many of the new residents attended Music on the Half Shell, an excellent opportunity to immerse themselves in one of the area's longstanding community events and meet many of the people they will serve over the next three years.

For more information on Aviva Health and its family medicine residency program, please visit [www.aviva.health](http://www.aviva.health).

#### ABOUT AVIVA HEALTH

Founded in 1991, Aviva Health is an independent, board-governed, not-for-profit organization that cares for the people of Douglas County by providing high-quality, patient-centered, accessible and affordable medical, dental and behavioral health care, regardless of their ability to pay.

Aviva Health offers integrated services from nine clinic sites in Roseburg, Myrtle Creek, Sutherlin, Glide and North Douglas County (Drain), including a Teen Health Center located on the campus of Roseburg High School. In partnership with CHI Mercy Medical Center, Aviva Health also serves as the family medicine practice site for the Roseburg Family Medicine Residency Program.

The organization continues to expand its workforce development efforts, most recently starting an Advanced Practice Provider Residency Program that launched in the spring of 2025. Aviva Health's commitment to the community and its mission to provide quality, compassionate care has earned it a variety of local, statewide, regional, and national recognition and awards.